

Are you a 1st time mum, with a new baby?

Mandy Mole, a Community Midwife delivers a 6 week programme to support new parents through those tiring first few weeks.

A great chance to meet other 1st time mums, have a coffee and have time to talk over your experiences.



This is **FREE** 6 week rolling programme for all 1st time mums with newborns from 2 weeks old. You can join at any point when your baby is between 2-10wks old and complete the 6 week programme

Every Tuesday morning
9.30am-11.00am

Venue: South Ascot Children's Centre
(Based at South Ascot Village School, All Souls Rd, SL5 9EA)

Please call Laura, Deputy Children's Centre Manager on
07512 850387 to register your interest

We look forward to meeting you!



SureStart

